



MCC East CNC Program Newsletter

Issue: January-March 2017

OUR PHILOSOPHY

To be the leader in promoting:

- A safe, happy, and positive learning environment that facilitates creativity communication, independence, reasoning and daily positive experiences
- Respect and value for diversity, and encouragement for all children to reach their fullest potential.

It's c-c-cold outside!

Parents with babies and young children should:

✓ Adjust winter clothes for children's needs. Dress babies and young children in one more layer of clothing than an adult would wear in the same conditions.

✓ Keep exposure to the cold at a minimum. Babies and young children don't have the same tolerance for cold that adults do. It's important to limit time outside.



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EDUCATIONAL PROGRAM

INFANTS

Having a secure relationship with a caregiver builds a foundation of trust. Our ECE staff gives your infant the personal attention needed to develop a warm and affectionate relationship while still nurturing a safe environment to explore. Although our staff has a daily routine, it can easily be changed to suit your child, to take into consideration a sleepless night, painful teething, or to forego a creative activity because chasing bubbles was more interesting.

We work with your child using booklets and various appropriate toys. Our staff can tell you the progress your child is making in developing his/her sensory skills (sight, sound, taste, touch and smell), his/her motor skills (grasping, reaching, crawling, and walking) as well as a written record of your child's milestones.

EXPLORERS (Toddlers)

Toddlers learn about their world by exploring their environment. Our center is an environment where your toddler thrives, participating in ample indoor activities and learns through repetition and imitating others. Your child's language skills will progress through songs and stories and encouragement.

At this age, using educational books, and playing with age appropriate toys, your child will have opportunities to develop strong listening skills, cognitive, language and fine motor skills.

Open communication between parent and educator is the key to guiding the child's behavior consistently as self-help skills are emerging.

BUILDERS (Pre-Schoolers)

For Pre-schoolers, we focus on providing your child with challenging learning experiences through our programming in our center. The ECE staff encourages your child to practice self-



help skills, using a varied program of child self-chosen play, combined with ECE planned activities. The goal is for the child to understand and learn concepts of size, colour, numbers, shapes, pre-reading and writing skills for school readiness.

The caregivers planned activities help our children develop speaking and listening skills, teaches cooperation, increases confidence, and raises self-esteem.



In **February**, we celebrate **Valentine's Day** and **Family Day**.

These are two special days when we share our positive feelings about special people. These days also provide an opportunity to talk about the importance of sharing, giving, loving, and friendship.

The children will learn the purpose, symbols, colours, songs and have activities related to Valentine's Day and Family Day.

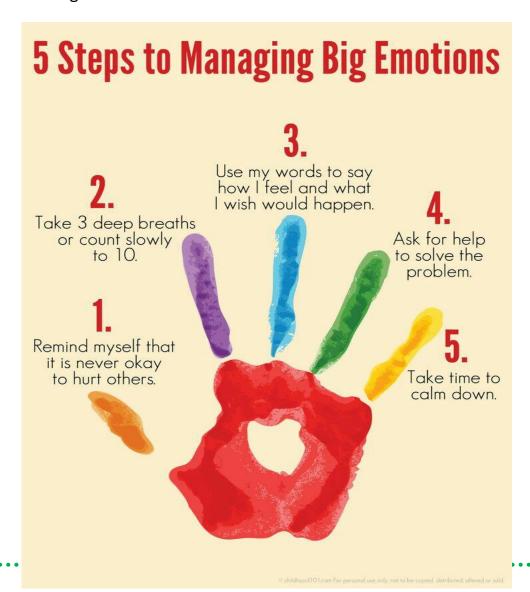
HAPPY VALENTINE'S DAY!

HOW TO MANAGE EMOTIONS

Refugee children are more likely to have witness violence or to have been harmed and this may result in a bizarre behavior, such as extreme aggression or extreme fear.

They may lose their sense of security and identity and may have extreme difficulties with separation from their parents, distrust of others and severe and long term regression. In these cases ECE staff is asked to be alert to the child's stress level and to help reduce their stress.

The caregivers need to facilitate self-esteem by respecting, accepting and comforting children, regardless of their behavior. They need to help children learn self-control and family involvement in decision is very important; this includes the right to share decision about their child's care and education.



WE ARE PROUD OF ALL OUR CNC CHILDREN!



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